

Germs: Handwashing

Today, you learned a lot about germs and how to reduce health risks by washing your hands from the “Germs” episode of Brainchild. This is a habit that is important for your whole family, so teach them what you’ve learned! Illustrate each step and explain why each step is important.

	Illustration	Why is it important?
Step 1 Wet your hands with clean water and apply soap.		
Step 2 Lather the soap. Make it bubbly!		
Step 3 Scrub your hands for 20 seconds.		
Step 4 Rinse with clean water.		
Step 5 Dry with a clean towel.		

* Adapted from the Center for Disease Control and Prevention.